

# History of Neurofeedback

## Milestones in Neurofeedback and creation of BrainTrainUK

Neurofeedback is born.  
Joe Kamiya  
demonstrates control  
of Alpha waves in  
response to feedback.

Psychology Today article on  
Alpha feedback.

Barry Sterman shows  
epileptic seizure  
suppression using  
Neurofeedback.

First application of  
Neurofeedback to  
Hyperactivity

Science article on Alpha  
Neurofeedback for anxiety.

BrainTrainUK  
launched

1950s

1960s

1970s

1980s

1990s

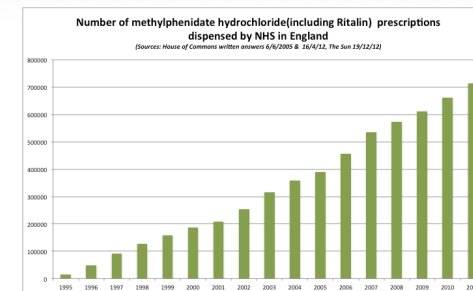
2000s

2010s

Ritalin marketed as  
adult anti-depressive.



ADHD 'invented' with  
publication of DSM-III-R.



ADHD Medication in UK grows  
from 15 to 700 thousand  
prescriptions per annum